



$$1. \sin 2\alpha = \sin(\alpha + \alpha) = 2\sin\alpha \cos\alpha$$

$$2. \cos 2\alpha = \cos(\alpha + \alpha) = \cos\alpha \cos\alpha - \sin\alpha \sin\alpha = \cos^2\alpha - \sin^2\alpha = 2\cos^2\alpha - 1 = 1 - 2\sin^2\alpha$$

$$\cos^2\alpha = \frac{1 + \cos 2\alpha}{2} \quad \sin^2\alpha = \frac{1 - \cos 2\alpha}{2} \quad \text{降次}$$

$$3. \tan 2\alpha = \tan(\alpha + \alpha) = \frac{\tan\alpha + \tan\alpha}{1 - \tan\alpha \cdot \tan\alpha} = \frac{2\tan\alpha}{1 - \tan^2\alpha}$$

【例 1】已知 $\sin(\alpha - \pi) = \frac{3}{5}$, 则 $\cos 2\alpha = \underline{\hspace{2cm}}$.

$$\sin(\alpha - \pi) = \sin(\pi + \alpha) = -\sin\alpha = \frac{3}{5}$$

$$\sin\alpha = -\frac{3}{5}$$

$$\cos 2\alpha = \cos^2\alpha - \sin^2\alpha = (\sqrt{1 - \sin^2\alpha})^2 - \sin^2\alpha = \frac{16}{25} - \frac{9}{25} = \frac{7}{25}$$

【例 2】已知 $\sin \alpha = -\frac{3\sqrt{10}}{10}$ ，且 α 是第四象限的角，则 $\tan 2\alpha = \underline{\hspace{2cm}}$.

$$\cos \alpha = \sqrt{1 - \sin^2 \alpha} = \frac{\sqrt{10}}{10}$$

$$\tan \alpha = -3$$

$$\tan 2\alpha = \frac{2\tan \alpha}{1 - \tan^2 \alpha} = \frac{-6}{-8} = \frac{3}{4}$$

【例 3】已知 $\sqrt{2} \sin 2\alpha = -\sin \alpha$ ，且 $\frac{\pi}{2} < \alpha < \pi$ ，则 $\tan \alpha = \underline{-\sqrt{7}}$.

$$2\sqrt{2} \sin \alpha \cos \alpha = -\sin \alpha$$

$$2\sqrt{2} \cos \alpha = -1$$

$$\cos \alpha = -\frac{1}{2\sqrt{2}} = -\frac{\sqrt{2}}{4}$$

$$\sin \alpha = \sqrt{1 - \left(-\frac{\sqrt{2}}{4}\right)^2} = \sqrt{\frac{7}{8}} = \frac{\sqrt{7}}{2\sqrt{2}} = \frac{\sqrt{14}}{4}$$

$$\tan \alpha = \frac{\sin \alpha}{\cos \alpha} = \frac{\frac{\sqrt{14}}{4}}{-\frac{\sqrt{2}}{4}} = -\sqrt{7}$$

【例 4】已知 $\tan \alpha = \frac{1}{3}$, $\tan \beta = -\frac{1}{7}$, 则 $\tan(2\alpha - \beta) = \underline{1}$.

$$\tan(2\alpha - \beta) = \frac{\tan 2\alpha - \tan \beta}{1 + \tan 2\alpha \tan \beta} = \frac{\frac{\frac{3}{4} + \frac{1}{7}}{1 - \frac{3}{4} \times \frac{1}{7}}}{\frac{21+4}{28-3}} = 1$$

$$\tan 2\alpha = \frac{2\tan \alpha}{1 - \tan^2 \alpha} = \frac{\frac{2}{3}}{\frac{8}{9}} = \frac{2}{3} \times \frac{9}{8} = \frac{3}{4}$$

(1) $\frac{\tan 15^\circ}{1 - \tan^2 15^\circ}$;

(2) $\frac{\sqrt{1 + \sin 20^\circ} + \sqrt{1 - \sin 20^\circ}}{\cos 10^\circ}$;

(3) $\frac{\sqrt{1 - 2 \sin 20^\circ \cos 20^\circ}}{2 \cos^2 10^\circ - \sqrt{1 - \cos^2 160^\circ} - 1}$;

(4) $\cos \frac{\pi}{11} \cos \frac{2\pi}{11} \cos \frac{3\pi}{11} \cos \frac{4\pi}{11} \cos \frac{5\pi}{11}$.

$$(1) \frac{\tan 15^\circ}{1 - \tan^2 15^\circ};$$

$$(2) \frac{\sqrt{1 + \sin 20^\circ} + \sqrt{1 - \sin 20^\circ}}{\cos 10^\circ};$$

$$(3) \frac{\sqrt{1 - 2 \sin 20^\circ \cos 20^\circ}}{2 \cos^2 10^\circ - \sqrt{1 - \cos^2 160^\circ} - 1};$$

$$(4) \cos \frac{\pi}{11} \cos \frac{2\pi}{11} \cos \frac{3\pi}{11} \cos \frac{4\pi}{11} \cos \frac{5\pi}{11}.$$

$$\frac{2 \tan 15^\circ}{1 - \tan^2 15^\circ} = \frac{1}{2} \times \tan 30^\circ = \frac{1}{2} \times \frac{\sqrt{3}}{3} = \frac{\sqrt{3}}{6}$$

$$\frac{2 \cos 10^\circ}{\cos 10^\circ} = 2$$

$$\begin{aligned} \sin^2 10^\circ + \sin(10^\circ + 10^\circ) &= \cos^2 10^\circ + \sin^2 10^\circ + 2 \cos 10^\circ \sin 10^\circ \\ &= (\cos 10^\circ + \sin 10^\circ)^2 \end{aligned}$$

$$(3) \frac{\sqrt{1 - 2 \sin 20^\circ \cos 20^\circ}}{2 \cos^2 10^\circ - \sqrt{1 - \cos^2 160^\circ} - 1} = \frac{\cos 20^\circ - \sin 20^\circ}{\cos 20^\circ - \sin 20^\circ} = 1$$

$$\sqrt{1 - 2 \sin 20^\circ \cos 20^\circ} = \sqrt{(\sin 20^\circ - \cos 20^\circ)^2} = |\sin 20^\circ - \cos 20^\circ| = \cos 20^\circ - \sin 20^\circ$$

$$\sqrt{1 - \cos^2 160^\circ} = \sqrt{\sin^2 20^\circ + \cos^2 20^\circ - \cos^2 20^\circ} = \sqrt{\sin^2 20^\circ}$$

$$2 \cos^2 10^\circ = \frac{1 + \cos 20^\circ}{2} \times 2 = 1 + \cos 20^\circ$$

$$\begin{aligned}
 (4) \sqrt[4]{2} &= \frac{\sin \frac{\pi}{11} \cos \frac{\pi}{11} \cos \frac{2\pi}{11} \cdots \cos \frac{5\pi}{11}}{\sin \frac{\pi}{11}} = \frac{\sin \frac{2\pi}{11} \cos \frac{2\pi}{11} \cos \frac{3\pi}{11} \cos \frac{4\pi}{11} \cos \frac{5\pi}{11}}{2 \sin \frac{\pi}{11}} = \frac{\sin \frac{4\pi}{11} \cos \frac{3\pi}{11} \cos \frac{4\pi}{11} \cos \frac{5\pi}{11}}{4 \sin \frac{\pi}{11}} \\
 &= \frac{\sin \frac{8\pi}{11} \cos \frac{3\pi}{11} \cos \frac{5\pi}{11}}{8 \sin \frac{\pi}{11}} = \frac{\sin \frac{3\pi}{11} \cos \frac{3\pi}{11} \cos \frac{5\pi}{11}}{8 \sin \frac{\pi}{11}} = \frac{\sin \frac{6\pi}{11} \cos \frac{5\pi}{11}}{16 \sin \frac{\pi}{11}} = \frac{\sin \frac{8\pi}{11} \cos \frac{5\pi}{11}}{16 \sin \frac{\pi}{11}} = \frac{\sin \frac{10\pi}{11}}{32 \sin \frac{\pi}{11}}
 \end{aligned}$$