



$$\sin x + \cos x \quad \sin x \cos x \quad \sin x - \cos x$$

$$\left\{ \begin{array}{l} 1. \quad (\sin x + \cos x)^2 = \sin^2 x + \cos^2 x + 2\sin x \cos x = 1 + 2\sin x \cos x \\ 2. \quad (\sin x - \cos x)^2 = 1 - 2\sin x \cos x \\ 3. \quad (\sin x + \cos x)^2 + (\sin x - \cos x)^2 = 2 \end{array} \right.$$

【例 1】已知 $\cos \theta + \sin \theta = -\frac{1}{2}$, 则 $\sin \theta \cos \theta = -\frac{3}{8}$.

$$(\cos \theta + \sin \theta)^2 = \frac{1}{4} = 1 + 2\sin \theta \cos \theta$$

$$2\sin \theta \cos \theta = -\frac{3}{4}$$

【例 2】已知 α 为第四象限角, 且 $\sin \alpha + \cos \alpha = \frac{1}{5}$, 则 $\frac{1}{\cos(\alpha - \pi/2)} = \frac{3}{4}$.

$$\begin{aligned} 0 < \alpha < -\pi^{\circ} \quad (\sin \alpha + \cos \alpha)^2 &= (\sin \alpha - \cos \alpha)^2 = 2 \\ \frac{1}{25} + (\sin \alpha - \cos \alpha)^2 &= 2 \\ (\sin \alpha - \cos \alpha)^2 &= \frac{49}{25} \\ \sin \alpha - \cos \alpha &= \frac{7}{5} \end{aligned}$$

【例 3】已知 $\alpha \in (0, \pi)$, $\sin \alpha - \cos \alpha = \frac{\sqrt{3}+1}{2}$, 则 $\tan \alpha = \frac{3}{2}\sqrt{3} - \frac{1}{2}$.

$$\because 0 < \alpha < 180^{\circ}, \sin \alpha > 0, \quad (\sin \alpha - \cos \alpha)^2 = 1 - 2\sin \alpha \cos \alpha = 1 + \frac{3}{2}$$

$$\therefore \sin \alpha \cos \alpha = -\frac{1}{4}$$

$$\sin \alpha \cos \alpha = \frac{\sin \alpha \cos \alpha}{\sin^2 \alpha + \cos^2 \alpha} = \frac{\tan \alpha}{1 + \tan^2 \alpha} = -\frac{\sqrt{3}}{4} \Rightarrow \textcircled{1} \cos \alpha > 0, \sin \alpha > 0 \times$$

$$\begin{aligned} \sqrt{3} + \sqrt{3} \tan^2 \alpha &= 4 + \tan \alpha \\ 3 + 3 \tan^2 \alpha &= 4 + \sqrt{3} \tan \alpha \\ 3 \tan^2 \alpha + 4 \tan \alpha - 1 &= 0 \\ (3 \tan \alpha + 1)(\tan \alpha - \frac{1}{3}) &= 0 \\ \tan \alpha &= \frac{1}{3} \quad \text{或} \quad \tan \alpha = -\frac{1}{3} \end{aligned}$$

