



$$\sin(\alpha + \beta) = \sin\alpha \cos\beta + \cos\alpha \sin\beta$$

$$\cos^2\beta + \sin^2\beta = 1$$

$$a\sin\alpha + b\cos\alpha = \sqrt{a^2+b^2} \left(\sin\alpha \cdot \frac{a}{\sqrt{a^2+b^2}} + \cos\alpha \cdot \frac{b}{\sqrt{a^2+b^2}} \right)$$

$$\begin{aligned} \sin\alpha + \cos\alpha &= \sqrt{2} \left(\sin\alpha \cdot \frac{\sqrt{2}}{2} + \cos\alpha \cdot \frac{\sqrt{2}}{2} \right) \\ &= \sqrt{2} \left(\sin\alpha \cdot \cos\frac{\pi}{4} + \cos\alpha \cdot \sin\frac{\pi}{4} \right) \\ &= \sqrt{2} \sin\left(\alpha + \frac{\pi}{4}\right) \end{aligned}$$

$$\text{令 } \cos\varphi = \frac{a}{\sqrt{a^2+b^2}}, \sin\varphi = \frac{b}{\sqrt{a^2+b^2}} \quad (\text{辅助角})$$

$\varphi \in [0, 2\pi)$
 φ 可在任意一宽度为 2π 的连续区间上

$$a\sin\alpha + b\cos\alpha = \sqrt{a^2+b^2} (\sin\alpha \cos\varphi + \cos\alpha \sin\varphi) = \sqrt{a^2+b^2} \sin(\alpha + \varphi)$$

从 $\sin\alpha + \cos\alpha$ 到 ↗

2. 使 $a > 0$, 若 $a < 0$, 比如 $-3\sin\alpha + \sqrt{3}\cos\alpha = -(3\sin\alpha - \sqrt{3}\cos\alpha)$

$$\varphi \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \rightarrow \tan\varphi$$

$$2. a > 0. \varphi \in \left(-\frac{\pi}{2}, \frac{\pi}{2}\right) \quad a\sin\alpha + b\cos\alpha = \sqrt{a^2+b^2} \sin(\alpha + \varphi), \tan\varphi = \frac{b}{a}$$

$$\sin\alpha + \sqrt{3}\cos\alpha = 2\sin\left(\alpha + \frac{\pi}{3}\right) \quad \sin\alpha - \sqrt{3}\cos\alpha = 2\sin\left(\alpha - \frac{\pi}{3}\right)$$

$$\sqrt{1+3} \quad \tan\varphi = \sqrt{3}$$

$$-\sin \alpha + \cos \alpha = -(\sin \alpha - \cos \alpha) = -\sqrt{2} \sin(\alpha - \frac{\pi}{4})$$

$$(1) \sqrt{3} \sin x + \cos x; (2) \sin x - \cos x; (3) \sqrt{2} \cos 2x - \sqrt{6} \sin 2x.$$

$$\begin{aligned} (1) \sqrt{3} \sin x + \cos x &= 2 \sin(x + \frac{\pi}{6}) & (2) \sin x - \cos x &= \sqrt{2} \sin(x - \frac{\pi}{4}) & (3) \sqrt{2} \cos 2x - \sqrt{6} \sin 2x &= -(\sqrt{6} \sin 2x - \sqrt{2} \cos 2x) \\ \tan \varphi &= \frac{\sqrt{3}}{3} & \tan \varphi &= -1 = -\frac{\pi}{4} & \tan \varphi &= -\frac{\sqrt{3}}{3} & &= -\sqrt{3} \sin(2x - \frac{\pi}{6}) \\ & & & & \varphi &= -\frac{\pi}{6} \end{aligned}$$

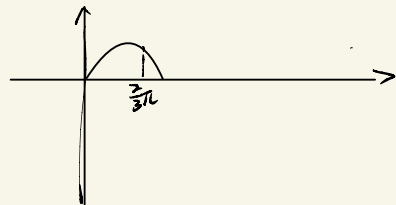
【例 2】(2015 • 四川) $\sin 15^\circ + \sin 75^\circ =$ _____.

$$\sin 15^\circ + \sin 75^\circ = \sin 15^\circ + \cos 15^\circ = \sqrt{2} \sin(15^\circ + 45^\circ) = \sqrt{2} \sin 60^\circ = \frac{\sqrt{6}}{2}$$

【例 3】已知函数 $f(x) = \sqrt{3} \sin(x + \frac{\pi}{3}) - \cos(x + \frac{\pi}{3})$ ，则 $f(x)$ 在 $[-\frac{\pi}{6}, \frac{\pi}{2}]$ 上的值域为 $[0, 1]$.

$$f(x) = 2 \sin[(x + \frac{\pi}{3}) - \frac{\pi}{6}] = 2 \sin(x + \frac{\pi}{6})$$

$$x + \frac{\pi}{6} \in [0, \frac{2}{3}\pi] \text{ 时, } f(x) \in [0, 1]$$



【例 4】已知函数 $f(x) = \sin x - 3 \cos x (0 \leq x \leq 2\pi)$ ，则 $f(x)$ 的最大值为 $\sqrt{10}$.

$$f(x) = \sqrt{10} \sin(x + \varphi) \quad \tan \varphi = -3, \quad \varphi \in (-\frac{\pi}{2}, \frac{\pi}{2})$$

$$T = 2\pi \quad f(x) \in [-\sqrt{10}, \sqrt{10}].$$

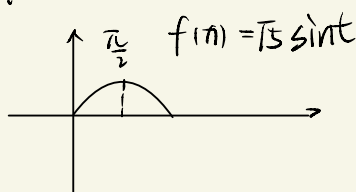
一个完整周期为 2π ， x 的定义域覆盖全部

【例 5】已知函数 $f(x) = \sin x + 2\cos x (0 \leq x \leq \frac{\pi}{2})$ ，则 $f(x)$ 的值域为_____.

$$f(x) = \sqrt{5} \sin(x + \varphi), \quad \tan \varphi = 2, \quad \varphi \in (-\frac{\pi}{2}, \frac{\pi}{2})$$

$$\varphi \in (0, \frac{\pi}{2})$$

$$\text{令 } t = x + \varphi, \quad t \in [\frac{\varphi}{0-\frac{\pi}{2}}, \frac{\varphi+\frac{\pi}{2}}{\frac{\pi}{2}}]$$



$$f(t)_{\max} = \sqrt{5}$$

$$f(t)_{\min} \text{ 未知}$$

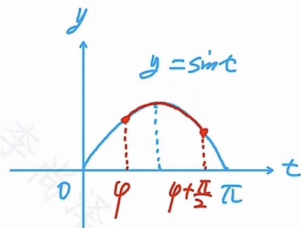
【例 5】已知函数 $f(x) = \sin x + 2\cos x (0 \leq x \leq \frac{\pi}{2})$ ，则 $f(x)$ 的值域为_____.

$$f(x) = \sqrt{5} \sin(x + \varphi), \quad \tan \varphi = 2, \quad \varphi \in (-\frac{\pi}{2}, \frac{\pi}{2}) \quad \varphi \in (0, \frac{\pi}{2})$$

$$\text{令 } t = x + \varphi, \quad \text{则 } t \in [\varphi, \varphi + \frac{\pi}{2}] \quad f(x) = \sqrt{5} \sin t$$

$$f(x)_{\max} = \sqrt{5} \quad \sqrt{5} \sin \varphi = \sqrt{5} \cdot \frac{2}{\sqrt{5}} = 2 \quad \sqrt{5} \sin(\varphi + \frac{\pi}{2}) = \sqrt{5} \cos \varphi = 1$$

$$\therefore f(x) \in [1, \sqrt{5}]$$



【例 6】已知函数 $f(x) = \sin x + 3\cos x (x \in \mathbf{R})$ ，若 $f(x) \leq f(\theta)$ 恒成立，则 $\cos \theta = \underline{\hspace{2cm}}$.

$$f(x)_{\max} = f(\theta)$$

$$f(\pi) = \sqrt{10} \sin(\pi + \varphi) + \tan \varphi = 3, \varphi \in (0, \frac{\pi}{2})$$

$$f(\theta) = \sqrt{10}$$

$$\sin(\theta + \varphi) = 1$$

$$\theta + \varphi = 2k\pi + \frac{\pi}{2}$$

$$\theta = 2k\pi + \frac{\pi}{2} - \varphi$$

$$\cos \theta = \cos(2k\pi + \frac{\pi}{2} - \varphi) = \cos(\frac{\pi}{2} - \varphi) = \sin \varphi = \frac{b}{\sqrt{a^2+b^2}} = \frac{3}{\sqrt{10}}$$